



Palos Verdes Star, Spotlight

By Gary Trousdale , Publisher PrepCA.com
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We continue our girls basketball coverage with the spotlight on one of the top 2007 prospects in California, Colorado bound Chelsea Dale of Palos Verdes High School...

Chelsea Dale

School: Palos Verdes High School

Position: 2,3,4
HT: 6'1" **WT:** 165

High School Coach: Steve VanderVeen



PrepCA: What are your goals for the upcoming season?

Dale: Bay League Championships! Make it to CIF/SS FINALS to compete in the PYRAMID! Retire my high school #3 jersey!

PrepCA: What aspect of your game have you really worked hard to improve? What area would you like to keep improving on?

Dale: I have worked hard to improve my shooting. I'm always working on my shoot-

ing and ball handling.

PrepCA: What is your official height and weight?

Dale: Officially 6'1" 165#

PrepCA: What is your greatest basketball memory?

Dale: Playing with my club team FBC Blue this past summer. We went 28 - 0 winning all the major adidas tourneys.

PrepCA: Who are some of your teammates that people need to watch out for?

Dale: I would look for Brooke Lyons who is tagged for being a 'rebounding machine' and that is quite an accomplishment given she is 5'10" tall and playing the post.



PrepCA: Name one teammate you really respect and why?

Dale: I can't name just one player. If I could say anything, I'd have to say my entire club team at FBC. They are more than teammates, they are my sisters.

PrepCA: What are your goals regarding playing college basketball at Colorado?

Dale: To make an immediate impact.

PrepCA: Did you consider staying in state to play in college?

Dale: Of course, I considered playing in California because of my little brother and sister. I love them...but I know that I will see them a lot because the plane flight to Colorado is only two hours and we are a travelin' sort of family!

PrepCA: What were your top 5 college choices?

Dale: Other than the obvious – **COLORADO**, Pepperdine, TCU, UNLV, Oregon State, University of New Mexico.

PrepCA: What were the top 3 reasons for choosing Colorado?

Dale: 1.) I chose COLORADO because of the coaching staff. Coach Miller is family oriented. She knows family, devotion and commitment. She was awesome with my siblings on the visit to our home and that meant the world to me. Coach V. has family here in the South Bay so she knows where I come from and we will make sure to come BACK HOME and play here...watch out SC! 2.) The sec-

ond reason for choosing COLORADO ...it's the BIG 12! Baby! Look at the conference. I want to play with the BIG's! 3.) Last, I chose COLORADO because the coaching staff is YOUNG, energetic and motivating AND because this is an 'up and coming program'. Coach Miller has that 'winning type' of attitude to take her program to the TOP. I want the chance to have an immediate impact. COLORADO is it! ...AND did I mention, it is BEAUTIFUL there!?

PrepCA: Do you know what you will major in at Colorado? Why?

Dale: I might double major- COMMUNICATIONS/Broadcasting and Education (obtain a teaching credential so that I might be able to coach someday!).

PrepCA: Who is the best player you ever played against? Why?

Dale: My FBC teammate - Lenita Sanford because she has arms longer than Shaq!

PrepCA: Name one opponent who you really respect and why?

Dale: Rock Solid. A team out of Pittsburgh, Pennsylvania. They always made me and my FBC team play at our best.

PrepCA: What Club Basketball team do you play for in the Spring and Summer?

Dale: I played for FBC BLUE. Unde- feated this season, 28-0.



PrepCA: How do you think your coach would describe you as a player?

Dale: Hard working until the end. Passionate and enthusiastic about the game of basketball. Energetic and a leader!

PrepCA: What are your strengths and weaknesses as a player?

Dale: My strengths are shooting, basketball IQ, passing and making my teammates successful. I continue to work on all aspects of my game to become as well rounded player as I can be.

PrepCA: Who is your favorite athlete and why?

Dale: Mia Hamm. She inspired me to want to play sports at the collegiate level.

PrepCA: What is the best piece of advice you have ever received?

Dale: "If it is to be, it is up to me!" Coach Steve VanderVeen

PrepCA: Tell us what can we expect from your team this season?

Dale: I am expecting Bay League and C.I.F./SS Championships.

PrepCA: What position do you think you will play at Colorado?

Dale: 2,3 and a little bit of 4.

PrepCA: What can the Colorado Basketball program expect from you as a player?

Dale: 110% effort, great footwork and work ethic. I'll be an impact player.

PrepCA: What was the last book you've

read?

Dale: Cyrano de Bergerac

PrepCA: What was the latest movie you saw?

Dale: Gridiron Game

PrepCA: What is your all time favorite movie?

Dale: The Notebook